



a new experience morning ...

- Available for mums and babies up to 9 months old
- Utilising a quiet, warm, private, candlelit dual-treatment room
- One therapist treats mum to a soothing massage whilst another qualified therapist carries out massage for your baby

the benefits ...

- The benefits of gentle, calming massage for babies has long been recognised
- Improves their breathing, circulation, digestion and growth
- These sessions also offer mum the chance to enjoy a much-needed treatment themselves
- PLUS - no need to worry about finding childcare



after-care ...

- Relax after your treatment in one of SK's luxurious and comfortable chill-out areas, reserved specifically for the massage mornings
- If baby falls asleep, why not take advantage of a full range of well being treatments, including Beau Visage, the latest celebrity skin scanning system as seen on Gok Wan's "How To Look Good Naked"



when ...

- every Tuesday and Wednesday, 10am to 12pm

how much ...

- £30.00 for a pre-booked treatment

vouchers ...

- Alternatively, Mother & Baby Massage gift vouchers are available - why not treat your friend or loved one to some well deserved pampering!

Pictured: mum Suzy Abbott with 6-month old Archie having their Mother & Baby Massage with therapist Laura at SK

**PLEASE ASK AT RECEPTION FOR FURTHER
DETAILS OR TO MAKE YOUR BOOKING.**